#Tolerance #Change #Chrysalis

SAMASHTI NSC



From the Chief Editor

Many times, I hear this from children as young as pre-primary - 'Ma'am, he (she) is irritating me!'. And every time it kind of amazes me. Where do they get this word from and what do they mean by it? Does it reflect a generation with zero tolerance for anything which is different from their line of thinking? Anything which does not suit their mood of the moment? Then again, I reflect- children learn from us. Not just by what we expressly teach them but by how we ourselves behave. Children just observe and absorb. So, are we giving them the right signals? Let us remember Helen Keller's words 'The highest result of education is tolerance.'

On a lighter note, my students are experts in gauging each teacher's tolerance to the decibel levels of noise in the class!

Happy Reading!

- S. Sasi

From The Principal's Desk

I remember this conversation with my dad from many years back. As a child with idealistic thoughts, I said, 'Dad, why don't you open up an old age home?' My dad replied with his characteristic wisdom, 'Beta, don't you think we should see to it that we don't even need old age homes? That every person lives happily with a parent yesterday, thanking Samashti for taking the students on a visit to an old age home. The visit by grade 9 students was the Valentine Day's gift of the young Samashtians to the grandmas and grandpas at Susheel Foundation Old Age Home. This was a gift which brought joy and emotional connect to both the receivers and the givers. It gives me real happiness that Samashtians are meaningful way, be it visiting a hospital, a police station or a bank to express their love to the community helpers or making cards to show their love and gratitude to canteen workers, housekeeping staff, ayammas or bonding with grandparents at the old age

I am sure that my Samashtians will always nurture family ties and as my dad envisaged, there would be no need for old age homes. <u>- Dr. Meera Bhandari Arora</u>

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FROM THF HFAR Tolerance and patience are not the Tolerance signs of weakness, they are the signs of strength. Lakshmi Dharani - 3B Tolerance is to be patient. Tolerance Without tolerance, there Tolerance helps is the sign of wisdom and care. It is us face any is no meaning of the ability to have patience. Amisha - 5A situation even if life. Shreevutha - 8C it's dangerous, funny, painful, Tolerance is not fierce or Tolerance gives you being in peace irritating. The heart of Sriram - 5A you the opportunity with yourself, but wisdom is Shivansh - 5C befriend to new being in peace tolerance. people and learn with your about different surroundings cultures. **Tolerance shows** Prem - 8B how a person Tolerance is the The best example of tolerance is a tree. handles any way we accept We hit it with stones but it still gives us situation. and respect. We sweet and delicious fruits. Anoushka - 3A should always The biggest The best way to control our anger Tolerance is result of persuade others is by on people and just self-control on education is being tolerant and smile. tolerance. Navya kutty - 4D yourself. listening to them. Hrishikesh - 8D Treya - 4B Divyansh - 8D Tolerance is if If a person shouts at you, how do you react? somebody says a bad word we should ignore and I will keep quiet I will feel sad. accept them. and would ask I will make Tarneet Singh - 3D him feel less him not to shout and be polite. I will talk angry. Charvisha. 1E Abheer, PP2C and find out the reason Tolerance is the I will tell him not to shout at behind the way to attain me, else I will not be his behaviour.

C.Laasya Priya, 1B

friend.

peace.

Snigdha - 8C

Nirvair, PP2D

PEDAGOGY

Samashti has adopted the 5Es model of instruction. Students acquire and retain new knowledge by building on the previous knowledge. The 5Es represent the five phases – Engage, Explore, Explain, Elaborate, Evaluate. As the student walks through these five phases, the new knowledge is completely absorbed. Let us look at a few instances of the fourth E -"Elaborate" in this issue.









Grade 3 students learnt all about Flyers and Crawlers through discussion and videos. It was time to experience. They went on a nature walk and saw various insects, crawlers and flyers. They were super excited.



Out of 5 Es of lesson planning, the 4th E stands for "Elaborate" which helps students in their understanding of the topic. Under 'Forms of Air', students watched an audio visual followed by a group discussion. The teacher guided the students to complete the textual exercise and further asked them to illustrate their understanding through simple notes and pictorial representation.



Grade 4 elaborated their understanding of the poem "Number One Teacher" by recitation and completion of textbook exercise. They also prepared cards for their favourite teachers.



Seasons, an interesting and colourful theme for the pre primary students. Teachers explained the topic with audio visual presentations and rhymes. However, to elaborate it further, the ambience of the different seasons was created in the classroom for experiential learning. As the children moved from one area to another, it helped them to identify and differentiate the colour of the trees, clothes worn, animals and birds found in the different seasons.

$S \cap H \cap$



TRYST WITH DRAMATICS SIDHARTHA LAMA

PARENT OF SAMRIDDHI (5), NAVANG (2)

Shakespeare was of course correct when he wrote "All the world's a stage and, all the men and women merely players". A stage this world may be, however to actually perform in front of a live audience is a different 'drama' altogether. Personally, I have been a 'curtain raiser' throughout my school days. Yes, as far as drama is concerned that's all I've done - open and close the curtains. I did once get promoted to the role of a 'prompter' but to act on stage, I never got a chance. Therefore when my wife, one day approached me with this proposal of me being part of a drama for the grand Samashti Annual Concert it was a mixed bag of emotions for me. I was at once honoured, elated and extremely skeptical. The excitement of being on stage was evident, but this was overwhelmed by the strong rationale of making a fool of myself - 'at this age'. After much motivating words from my wife I decided to stick on to my New Year resolution for this year - 'Why Not? to everything'. I decided to take it as an adventure and add a feather to my not so illustrious drama cap. Incase, anyone is unaware, meticulous is a word that is synonymous with Samashti. It was therefore professional guidance for all events, be it choreography or photography and so it was for drama. I looked at it as a silver lining on the dark cloud of my decision to act, for I seriously needed some professional assistance. The final concert day act was preceded by three events - recording one, recording two and the practices. Recording one was a cake walk. I was completely thrilled by my stupendous performance. But when I was just about to revel, came the message about a second recording. Recording two was no cake walk, in fact it was more of a tight rope walk, for in this were present the drama professionals. On reciting my dialogues for the seventeenth time, they finally relented and accepted my recording. Then came the sessions in school which practice were tremendously enjoyable. It was like re-experiencing my school days - how immensely wonderful it was. Then, yes the final act, this too came with a twist. Just a couple of hours before the show, our drama mentors decided to give a slight change to my act. And finally there I was, strutting on the stage with a placard on my hand. I laughed, cried and died on stage. My role ended with lights out, but this experience will shine bright in my heart forever. Thank you Samashti for adding such wonderful memories for me to cherish forever.

CHANGE is here to stay!

Chrysalis 2020- the Annual Day of Samashti International School on Saturday, 25th January, was a refreshing change in more ways than one.

Samashti - the togetherness concept considers all on the same level, equal. So, all the guests were considered as chief guests. The lamp-lighting to seek the blessings of the almighty was done representing the navaratnas - representatives each from: the management, teachers, students, parents, admin staff, drivers, avammas, canteen staff, housekeeping staff and security staff. The event started off with the song 'What about us?' on the theme of the year 'CHANGE'. Settling into the mood, the audience were taken to the planet Krypto 22/7 and they found that the Kryptonians were researching about 'Earth' to get help from us earthlings. The young Samashtians brought to the stage the vibrancy of our earth in the past. With great hopes, the Kryptonians land on earth (the fantastic UFO landing enthralled the crowd). However, the earth had changed. Modern gadgets, human irresponsibility, callousness have changed the earth's ready, I was angry. I could not say no atmosphere. The guests were startled when to anyone or anything but when some students in black with pollution masks presented them wilted flowers. But not for long. Samashtians proved that there is hope for our planet. The audience enthusiastically pledged to bring about the change 'the Samashti Way'. The event ended with vibrating and scintillating drumbeats, the drummers up in the air in glowing LED costumes. This was one event which none of the distinguished quests would ever forget. And the memories were anchored with everyone clicking pictures displaying the words 'Change begins with me'. Samashti International School proved their worthy intention of being harbingers of change by than tying too many of them with presenting every family with a sapling.



ANGER MANAGEMENT Sam-Ed-Talk - Anoushka (7C) As a child, I was never angry and hardly sad. I was a happy child. My tryst with anger began as I entered my pre-teens. I was angry most of the time. When things did not go my way, I was angry. When someone tried to tell me I am doing something wrong, I was angry. When I did not get the things I wanted, I was angry. I wanted to do all the things, wanted to excel in everything I did, be it studies, sports or extra- curricular activities. When I was not able to do things either due to lack of time or when I was just not fulfilling the aspiration/ demands of others pressured me, I was angry. Being angry all the time made me sad and it stole all happiness from my life. I realized the need to manage my anger. I realized the need to take things easy. Understand I will not get everything I demand. Manage my time better. Not be too harsh on myself and others if things don't go my way. Most importantly, learn to say NO when I cannot or don't want to do something. I realized it is important to engage in activities that I enjoy rather another tick in the box.



KNOW YOUR WORI

witzerland - Dhroomi - 7C



Switzerland is a beautiful country located in Europe. It is for all kinds of people - Travellers, Foodies, Hikers etc. Over here, people speak German, Italian, and Romansh. There are over 8,570,146 people in the area of 41,286 Sq.Km. The currency is Swiss Franc. The most famous places are:

- Zurich- A Banking centre on Limmat River
- Lucerne- A mountain and Alpine city
- · Zermatt- A renowned ski resort below Matterhorn

And many more.....

The traditional attire of this country is a long sleeved jacket, silk aprons and gold lace caps for women and leather shorts and boots for men. This place is a real scope for foodies!! Switzerland has Cheese fondue, Raclette, Alplermagronen, and our favourites- Swiss chocolate and Swiss cheese.

Some amazing facts about Switzerland are as follows:

- The swiss army knife was invented here
- It's illegal to own only one guinea pig, pets need to bond with their species



झीलों का शहर :उदयपुर -यशवी आँचल (सातवीं - ब) इतिहास : महाराणा उदयसिंह द्वितीय ने सन् 1559 में

उदयपुर की स्थापना की थी |अपनी पुरानी राजधानी चित्तौड़गढ़ पर मुगलों के लगातार आक्रमण से परेशान होकर महाराणा उदयसिंह ने पिछोला झील की सुंदरता World Championships thus becoming the first से आकर्षित होकर इसके तट पर अपनी राजधानी बनाने Indian to become the Badminton World का निर्णय लिया और उसे उदयपुर नाम दिया |

दर्शनीय स्थल : यहाँ कई महल और किले हैं जो राजपूताना महिमा के प्रतीक हैं | यहाँ के सिटी पैलेस ,लेक पैलेस,मानसून पैलेस,फतेह प्रकाश पैलेस,बगोर की हवेली ,सहेलियों की बाडी,बडा महल ,क्रिस्टल गैलेरी,आहाड़ पुरातत्व संग्रहालय,शिल्प ग्राम आदि प्रमुख आकर्षक स्थल हैं |

इंस्टीट्यूट स्टडीज,अरावली ऑफ टेक्निकल स्टडीज,भूपाल नोबल लाँ कॉलेज आदि प्रमुख शिक्षण संस्थान हैं |

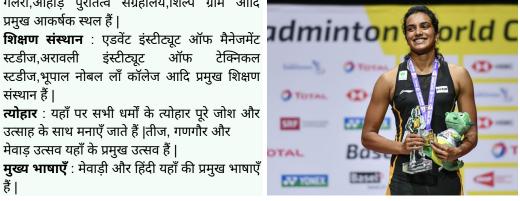
त्योहार : यहाँ पर सभी धर्मों के त्योहार पूरे जोश और उत्साह के साथ मनाएँ जाते हैं |तीज, गणगौर और मेवाड उत्सव यहाँ के प्रमुख उत्सव हैं |

मुख्य भाषाएँ : मेवाडी और हिंदी यहाँ की प्रमुख भाषाएँ हैं |

PV Sindhu

- Diya - 8D

Pusarla Venkata Sindhu, also called PV Sindhu, is one of India's many great sports persons. Coached by Pullela Gopichand in Hyderabad, she rose to great heights with her love for badminton and her penchant for practice and perfection. She was born on 5th July, 1995 and made her debut in 2009. She has made India proud by winning consistently and bringing back gold, silver, or bronze every time she competes. She has won the Padma Shri, Padma Bhushan, NDTV Indian award, Arjuna Award for Badminton ...the list goes on and on. Over the course of her career, Pusarla has won medals at numerous tournaments on the BWF circuit including gold at the 2019 Champion. As quoted by Sindhu "Your dreams are what define your individuality. They have the power to give you wings and make you fly high." She is flying and maybe we should experience the magical feeling too!



In memoriam: Kobe Bryant



Saanvi - Grade 8B

On January 26, 2020, the world of basketball lost one of the most loved and valuable players, Kobe Bean Bryant. The shooting guard of the LA Lakers was travelling in a helicopter along with his daughter, six other passengers and the pilot when, due to thick fog the helicopter crashed into a hilltop in Calabasas. California. Unfortunately, nobody survived the crash. Although he is no more, the 2-time NBA Finals Most Valuable Player (MVP) will always be in the hearts of players and fans around the world.

<u>S C I E N C E</u> SAMASHTI VIGYAN 2019

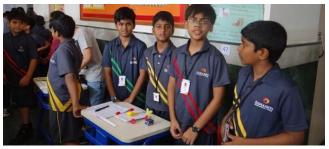
Students researched about various issues. They displayed charts, posters, models and even performed shows. They were very confident, clear and enthusiastic in their presentations to the parents.



The concept of food management inspired the Students created awareness on the sugar This project about ozone depletion students to collect information from their parents and grandparents. They learnt and shared simple recipes especially those that can be whipped up with leftovers! They also told the visitors about "Happy Fridge" placed by the government, where we can deposit any excess food that can go to people in need.



Saanvi explained about global warming and some measures to mitigate its effects. She requested everyone to plant more trees and also gave a suggestion that the government should ensure that factories and motor vehicles use technologies to reduce CO2 production and emission.



Balloon Powered Car was made by students demonstrating the use of kinetic energy.

Visitors to the science fair were pleasantly surprised when the students explained the scientific reasons behind traditional beliefs like using mango leaves to decorate our home, use of sindoor, kajal, wearing toe rings and many more.



content present in soft drinks by boiling the soft drink. The visitors could clearly see the sugar content. The students were effects like skin cancer, eye cataracts enthusiastic to share natural homemade recipes of pizza sauce and peanut butter. This was a yummy project.



which is a major environmental problem. Students spoke about the ill and damages to the immune system.



Students of grades 3 to 5 did a mime into an effluent that can be returned to show to spread awareness regarding the the water cycle with minimum impact unnecessary usage of gadgets and the on the environment. This is called harmful effects caused by them, if used in water reclamation wherein treated an inappropriate manner.



Wastewater treatment is a process used to remove contaminants from wastewater or sewage and convert it wastewater can be used for other beneficial purposes.



Vansh created awareness among people about the ill effects of acid rain through a model. Acid rain has been shown to have adverse impact on forests, fresh waters and soils, killing insect and aquatic lifeforms, causing paint to peel, corrosion of steel structures such as bridges, and weathering of stone buildings and statues as well as having a negative impact on human health.



Genetically modified crops (GM crops) have both pros and cons. The benefits in food crops include resistance to certain pests, diseases, environmental conditions, reduction of spoilage, resistance to chemical treatments or improving the nutrient profile of the crop. However, opponents have objected to GM crops on grounds including environmental impacts, food safety, etc. Students explained both clearly.

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If I were the Queen Samhita Krishna 5B

If I were the queen of Wingland, I would have a bunch of trumpeters band. I would have a room of peace, With a window full of bees. If I were the queen of Wingland, I would have a bag full of sand. I would wear a rainbow mitten, With a cute kitten.

Bubble Trouble G. Srinaina 6B

This is the biggest bubble, Where you can find the biggest trouble. Where one sibling, and another Start fighting! What a bother! Might be a pen from a brother, Or a toy from a sister, Until their dad is home, They throw things hither and thither. When will dad come?! Is what the mother sits thinking. While the siblings continue the fighting!!!

परीक्षा का भूत -पूर्वी पाटणकर आठवीं द

परीक्षाएँ शुरू होने वाली हैं और सभी इसकी तैयारी कर रहे हैं| हम सभी अपनी परीक्षा में अच्छे अंक लाना चाहते हैं | सभी पाठ्यक्रम को पूरा करना चाहते हैं और सफल जीवन के लिए परीक्षा में अच्छे अंक प्राप्त करना चाहते हैं | सभी के पास अध्ययन करने और सीखने के लिए बहुत कुछ हैं, लेकिन कई बार बच्चे अच्छे अंक हासिल करने के लिए तनाव और चिंता से ग्रस्त हो जाते हैं। इस तनाव के कारण कई बच्चे कक्षा में ध्यान देना, ठीक से खाना खाना और ठीक से आराम करना भी भूल जाते हैं।वे डरते हैं कि अगर वे and those were the memories असफल हो जाएँगे तो उनके भविष्य का क्या होगा |माता-पिता और समाज की अपेक्षाएँ भी उनके तनाव को बढा देती हैं | कुछ सुझाव जिन्हें मानकर हम इस परीक्षा के भूत को छू-मंतर कर सकते हैं -

- कक्षा में ध्यान दें और शिक्षक जो कह रहा है उस पर मनन करें |
- अगर आप पढाई करके थक जाते हैं तो खेलने के लिए बाहर जा सकते हैं ताकि आप तरोताज़ा हो जाएँ |
- समय सारिणी बनाएं ताकि आप समय पर अपना अभ्यास पूरा कर सकें.
- प्राणायाम और योग करना चाहिए ताकि आपका मन शांत रहे और चिंता,तनाव से मुक्त रहे |
- परिवार के साथ थोड़ा समय बिताएँ माता-पिता की छोटे-छोटे कामों में मदद करें ।
- भविष्य के बारे में अधिक विचार या चिंता कर समय बर्बाद न करें,वर्तमान पर ध्यान दें |

The Tree Kevin- 4B The grass is green The flowers are in sets of three The men are mean They cut the tree. Save the tree It gives oxygen for free Let us make the world green And let our nature be seen.



ΙΝΑΤ

Memories

Deekshitha - 10D. One fine day When I finally reached the height of my glory All the memories and emotions which I'd kept at bay Came flooding into my brain frothily.

They all came to me at once, And I could not myself brace, Against the happiness, sadness and loneliness, Which I'd experienced in life's race.

All my memories, Which I'd forced into the back of my mind, Were now resurfacing, Making the present blind.

A few of them taught me, A few of them saddened me. But a few of them put a smile on my face,

I would never erase.

The memories were just an ephemeral drop of my journey, Where I would have to leave many things behind, For now I have embarked upon the thorny path to victory,

But my memories they would always remind.

MAGIC CAP Deekshita 1-D

Once upon a time, there lived a boy named Coby. He was very greedy. One day his father asked him to take care of his shop while he was out. He happily agreed, as he thought, it's a good opportunity to make some money. While he was at the shop, his friend came to buy a cap. He sold an old cap to his friend saying it's a magical cap for Rs. 500. When his father came to know about the incident, he was shocked and explained to about his mistake. Coby felt Coby miserable and promised his dad to return his friend's money and never repeat it again.

Moral: Never cheat anybody.

KINDNESS LEADS TO HAPPINESS Varshitha Matta 8-B.

It was the 29th of January, 2020. Just like any other Wednesday, the T-Bus students were on their way to school. Our bus had stopped near Vasudeva's Bloomfield Ecstasy to pick a few children up. As we were waiting, we noticed a boy who was wearing a government school uniform, along with a bag which was not good condition, waiting on the in deserted road. We saw that he was asking the vehicles passing by for a lift, but no one seemed to care. A lot of people went by, ignoring the poor boy on the street. My bus-mates and I felt very sad for the little boy, wishing we had a chance to help him. Ananya of 6th grade asked me if our bus could pick him up. As she was asking, a young man on his bike stopped near the boy, signalling him to get on the bike. A bright smile instantly lit up the boy's face, which led to us clapping our hands in extreme joy for the little boy.I thought of the happiness people get, not only when they do, but even when they see a kind act. Your little act of kindness could make someone's day.

THE TOUGH GRIND Siddardh - 8C

Have you ever seen a rose? How beautiful and stunning it is, isn't it? But when you try plucking it, it hurts us with its thorns, right? Some of you might have given up, saying that it hurts, while others would have shaken it off and tried again, and again, until they finally got the rose. Now you might be wondering why I am telling you all this. It's because it's a life lesson! Imagine the rose as success, and the thorns as the obstacles you face. Now, rewind the whole situation. How did you feel? Different? Motivating? It's actually up to you. One thing that's definitely in your hands is having to decide whether to try again or give up. When you try again, and again, you are bound to succeed at the nth attempt. But if you don't try, ...! These are the kind of moments that define us, our character! Trying again and again helps us through the tough grind, the thorns! I hope each and every one of you finds your rose.

BIRTHDAYS IN FEBRUARY Celebrate the happiness of life everyday. Happy Birthday!

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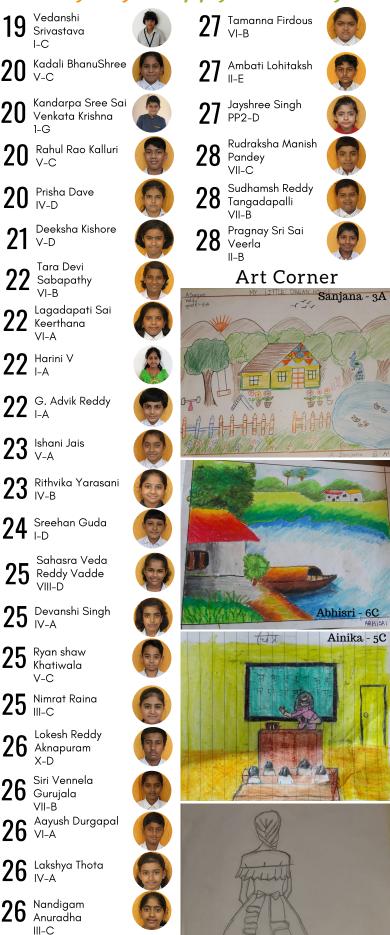
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17	Mythri Nandhyal X-C	
17	Shivani Edamadaka I-G	6
18	Kundana Ogeti X-C	6
8	Lasya reddy Sappidi III-A	
8	Sanvi Rudraram II-A	Co all
8	Shraddha Miryala 1-G	
19	Aarnav Uppal III-D	F
19	Vaibhavi Kusma I-A	-
	een made to provide	
Dall	nashtiEdu 📈	sa



26 Alamuri Hasini

IX-C

Rayansh chauhan

Every effort h urate and complete information. Errors and omissions excepted.

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Harini - 4A